

# Vienna Vine



April  2017

# Baseball Season Up to Bat

The 2017 MLB season will begin exactly five months after Game 7 of the 2016 World Series. Meaningful baseball returns Sunday afternoon, and the Opening Day schedule for all 30 teams will span two days.

Six teams will be in action Sunday, starting with a matchup between the New York Yankees and Tampa Bay Rays. The defending champion Chicago Cubs will take the field in a regular-season game for the first time since breaking their 108-year title drought, facing the rival St. Louis Cardinals.

April 3 might be considered the date of MLB's true 2017 Opening Day because most of the teams will begin their season Monday. Twelve games are on the schedule with start times between 1 p.m. EDT and 10 p.m. EDT.



Monday's schedule features one rematch from the 2016 playoffs. The Toronto Blue Jays defeated the Baltimore Orioles in last year's AL Wild-Card Game, and the AL East rivals will go head-to-head in the 2017 season opener. The Cleveland Indians and Texas Rangers both made the postseason, and they'll start the year with a three-game series against one another.

Only four Opening Day matchups feature two teams from separate divisions. The Boston Red Sox host the Pittsburgh Pirates in the only interleague game. AL Cy Young winner Rick Porcello will start for Boston.



# Special Events

*April 2, 2017 at 2:00pm*  
First Missionary Baptist Church Service



*April 5, 2017 at 11:00 am*  
Lunch Outing  
& at 2:00 pm  
Crafts: Mad Hatter Hats  
& at 6:30 pm  
Cello Concert w/Ben!

*April 8, 2017 at 2:00 pm*  
Movie & Popcorn  
"Fences"



*April 11, 2017 at 10:15 am*  
Organ Concert with Barbara Kelly-Kettner



*April 12, 2017 at 9:00 am*  
Birthday Party w/Tom Wilson

*April 13, 2017 at 2:00 pm*  
Coloring Easter Eggs  
& at 6:30  
Eagles Bingo!



*April 14, 2017 at 2:00 pm*  
Easter Egg Hunt  
& Ice Cream Social



*April 17, 2017 at 2:00pm*  
Residents' Council

*April 19, 2017 at 2:00 pm*  
Mr. Nevis's 5th graders Volunteer Social  
& at 6:30 pm  
Volunteer Social  
Dining room closed



*April 26, 2017 2:00 pm*  
Cooking Class  
& at 5:30  
Candle Light Dinner  
w/Desiree on the Cello

*April 27, 2017 2:00 pm*  
Nachos on the Patio





# Earth Day

Since 1970, April 22nd has been recognized all over as Earth Day. Everyone knows America was experiencing a huge cultural shift in the 1970's. One of the many things happening in that era was an improved ability to access different forms of energy. As Americans gained more access to energy and enjoyed the luxuries that accompanied it, many Americans also began to notice this increased abundance of energy was leaving some negative impacts on the environment.

Gaylord Nelson was U.S. Senator from Wisconsin and was concerned about increased pollution he began seeing across America. He was disturbed issues of the environment were not being given attention by politics or the media. Gaining inspiration from the student lead anti-war movement, he decided to use that momentum to bring environmental concerns to the public's knowledge.

Earth Day of 1970 achieved a rare political achievement in garnering support from leaders of all over the political spectrum. From Republicans to Democrats, from farmers to urban dwellers, and from business owners to labor leaders, people agreed this was important. The first Earth Day resulted in not only a day of awareness, but also the Clean Air, Clean Water, and the Endangered Species Act.

Earth Day is still celebrated used as a day of awareness, and now reaches nearly 200 countries. People participate in many of ways but the most popular is to plant a tree.



# Hot Cross Buns



## Ingredients

- 1/2 cup water
- 1/2 cup whole milk
- 1/2 cup sugar
- 4 1/2 teaspoons active dry yeast (2 1/4 oz packages)
- 1/3 cup unsalted butter, melted, more as needed
- 1 large egg yolk
- 1 1/2 teaspoons vanilla extract
- 3 cups all-purpose flour
- 3/4 teaspoons fine salt
- 1/2 teaspoon grated nutmeg
- 1/2 teaspoon ground cinnamon
- 1/4 teaspoon ground ginger
- 1/2 cup currants, plump in the microwave and cooled
- 1 egg beaten for brushing

## Directions

- Combine the water and milk in a medium saucepan and warm over low heat until about 100 • F (but no more than 110 •)
- Remove from heat and sprinkle the yeast and a pinch of sugar and flour over the surface of the liquid. Set aside without stirring until foamy and rising up the sides of the pan, about 30 minutes.
- Whisk butter, yolk and vanilla into the yeast mixture.
- Whisk flour, remaining sugar, salt, nutmeg, cinnamon, and ginger in a large bowl. Make a well in the center of the flour and stir in the yeast mixture with a wooden spoon to make a thick, shaggy, and slightly sticky dough. Stir in currants.
- Put dough on a lightly floured work surface and knead until soft, about 8 minutes. Shape into a ball
- Brush the inside of a large bowl with butter. Put dough in bowl, turning to coat lightly with butter. Cover with plastic wrap. Let rise at room temperature until doubled in size, about 1 hour 30 minutes.
- To form rolls: Butter a 9x14" baking pan. Take dough out of the bowl and pat into a rectangle about 16x8". Divide dough into 12 equal portions, about 2 oz each.
- Tuck the edges of the dough under to make the round rolls and place them seam-side down in the prepared pan, leaving a little space in between each roll. Cover the pan with buttered plastic wrap and set aside in a warm place until the rolls rise almost to the rim of the pan and have more than doubled in size, about 45 minutes.
- Remove plastic wrap and brush the tops of the buns with beaten egg. Bake rolls at 375 • for 25 minutes, or until golden brown and puffy. Glaze top with icing and serve.

# According to Jim

I've been thinking about this Sci-Fi story by Nancy Kress, "Sidewalk at 12:00 pm." The one I used in the last issue, about the woman who wanted to use a kind of time machine, The past can't be changed, but maybe our perception at the time can be, she wanted to send a message to her younger self at the darkest hour of her life that it would be all right, it would all work out. Something like that happened to me.

In the summer of 1980, a friend invited me to spent a week on an island in the Delta. The small island, overgrown with trees and blackberry vines, had little more than a dock, a wooden picnic table, a cooking pit, and an out house. It was a week of fishing, conversation relaxing and being away from all my usual life. I greatly enjoyed it.

August of '81 came, and my friend and I went back the Island again, it seemed a spiritual retreat, renewing me. Good things in my life seem to happen in threes, so I was looking forward to the third Island adventure.

I invited a friend from work to go with us. Like me, He wasn't satisfied with the direction of his life. I felt the time in that special place would help. When the day came, tough, that we loaded into an outboard for the trip to the Island, I didn't care.

I had a family, a job with the postal service. I was the editor of our union local newspaper, none of it seemed to matter. My finances were a mess, with overdue payments and bill collectors calling. I felt trapped in my situation with no honorable way out. I tried to hide mu feelings from others. But I felt this time away would soon pass, and I'd be back in my hopeless life.

Then something happened, We had a tape recorder that we used from time to time, and it managed to capture that moment. We were sitting at the table, and I was listening to the wind stirring in the trees when I turned to the two others and said, "Guys, God just spoke to me, he said 'It's all right, it all all right'" nothing profound, just exactly what I needed to hear. The magic had returned on that third and last island adventure. Later, I would listen to that tape, and the awe and wonder in my voice would bring

back a vivid memory of that moment.

In the following couple of years, my friend at the post office got divorced, quit his job, and followed his dream of being a free-lance musician. I divorced and in 1985, I met Jan, indeed it was all right.

As I was writing this, I read a magazine article called "omnifluence" by Jennifer Lipski. She's researching how psychic experiences can help us grow. I thought as I read "that's exactly what happened to me. I don't know why such life-changing moments occur, but I'm glad they do.

All my Best,

*Jim*



*Without our Volunteers  
we couldn't do our job.*



*To all of our many  
volunteers,  
You are cordially  
invited to our  
Annual*

*Volunteer Recognition  
Social*

*Wednesday April 19, 2017*

*at 6:30 pm in the main dining  
room for a dessert social*

*Please RSVP by April 17th*

*Vienna Nursing & Rehabilitation Center  
(209) 368-7141 please indicate if you  
volunteer with a groups or individually.*

## Resident Birthdays

Kathleen McNamera	April	3
Donald Kundert	April	4
Everett Bogart	April	7
Garland Welch	April	10
Marilyn Brown	April	21
Georgia Kosta	April	22
Violette Harr	April	23
Luis Martinez	April	26

## New Residents

Kay Fuji	March	1
Janice Piazza	March	3
Mary Grotelueschen	March	4
Gladys Brown	March	5
Beverlee Saunders	March	7
Marge Teranishi	March	13
William Guffey	March	16
Jan Hayes	March	17
Ann Koeplin	March	20
Marlene Prudhel	March	21
Robert Day	March	21
Rogene Faddis	March	27

## Employee Birthdays

Francis Clamente	April	2
Berlita Corpuz	April	3
Isidra Guira	April	4
Lea Taasin	April	5
Maria Gomez	April	6
Roger Perez	April	6
Josie Reyes	April	7
Lilian Cabasag	April	11
Edward Javier	April	14
Joselyn Gualberto	April	16
Carisa Raposas	April	16
Joelle Parsons-Miller	April	29

## New Employees

Thanh Le	March	3
Gwendolyn Dasilao	March	21



**Manicures & Haircuts on Mondays**  
**Perms/Color on Tuesday Mornings**  
**Perms on Tuesday Afternoons**

~Sets on Wed. Thurs. & Fridays.  
 As a Render, please contact  
 Beauty Shop if an appointment  
 can not be kept.

### Attention All Staff & Residents:

On April 14 at 2:00pm 2017 we will once again be having our annual Easter Egg Hunt. All children ages 1-11 may take part in the egg hunt. Please stay for an ice cream social after the hunt. The older kids will hunt for eggs in the back patio. The younger kids will hunt in the main dining room.

Thank you and **Happy Easter!**

The Party begins at 2:00 for the residents!

The hunt starts at 2:15.





# Administrative Staff

Administrator	Corey Wright
Director of Nurses	Roxan Vincent
Office Manager	Alison Plines
Medical Records	Brittany Ortegel
Social Services	Emily Denham & Kelly Duncan (asst.)
Director of Staff Development	Ida Ventura
Dietary Supervisor	Al Loza
Accounting	Teresa Stocker
Laundry/Housekeeping Supervisor	Linda Araiza
Maintenance	Roger Perez
Activity Director	Ester De Santiago
Quality Assurance Nurse/Case Manager	Mary Scott
MDS Coordinators	Alfie Donato & Doris Talens
Rehabilitation Director	Cathy Gravish
Marketing Director & Business Development	Jamie Henderson - Vilinskas
Admissions Coordinator	Vanessa Thierry
Ward Clerk	Juanita Riberal
Beauty Operators	Bobbi Bartles & Dianne Landon
Receptionists	Julia Chacon & Estefani Mejia

The "Vienna Vine" is written, compiled, edited and designed by Ester De Santiago ADC,  
Jamie Henderson-Vilinskas, Marketing Director

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