

Vienna Vine



December  2016



Celebrating Walt Disney's Birthday



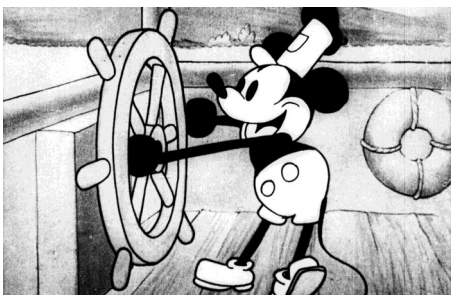
December 5th, 1901 was the birthdate of one Walt Disney, and this month feels like as good as a month as every to appreciate all of his work. Few people have had such great impact on the entertainment industry.

Walter "Elias" Disney was born in 1901 He had four siblings and what has been described as a strict upbringing. When he was 16, Walt joined the Red Cross and was sent to France as part of the WWI effort. After the war he moved back to Missouri and started using his creativity at an advertising agency creating animated ads. This job wasn't fulfilling and Walt left to begin producing his own animated shorts in. He found it difficult convincing theaters to play the films and soon had to give up his apartment and found himself living out of his office, surviving off cold beans. It wasn't until 1923 when Walt moved to LA with his older brother Roy, who took care of business, that Walt found success.

In 1928, after some mild success, Walt created "Steamboat Willy" and introduced the world to Mickey Mouse. This was the first animated film with a synchronized soundtrack. It was an instant hit. Thanks to "Steamboat Willy", Walt was able to grow his business and begin hiring people. Despite the Depression, Disney flourished. His work gave people an escape. In 1937 Disney released "Snow White" making it Hollywood's first full-length animated film. It was expensive and risky and it paid off, even winning Disney a special Academy Award.

"Snow White" was then followed by "Pinocchio," "Fantasia," "Dumbo" and "Bambi." Each became a classic and contributed to the legend that was growing around its creator. In 1955, as his industry grew, Disney opened a 185-acre amusement park, Disneyland. Walt was set to open another theme park in Miami but never got to see the finished product. Walt was a chronic smoker and died of lung cancer in 1966 at the age of 65.

Even after his death, Walt's empire flourishes. Disney has produced hundreds of movies and shows. In 2006 the original Disneyland sold it's 2 billionth ticket.. There are 11 Disney parks all over the world with the 12th park currently in construction. Happy birthday, Walt Disney!



Special Events

December 1, 2016 & at 2:00 pm
Christmas Music w/Tim & Donna

December 4, 2016 at 2:00pm
First Missionary Baptist Church

December 7, 2016 at 2:00 pm
December Birthday party w/James Jones



December 8, 2016 at 9:30am
Making Christmas Cards
& at 2:00 pm
Sending Out Christmas Cards
& at 6:30 pm
Eagles Bingo!

December 10, 2016 at 2:00 pm
Piano Teacher's Association
Piano Recital



December 11, 2016
at 1:00-3:00 pm
Resident's Open House
Christmas Party

December 13, 2016 at 10:15 am
Organ Concert w/
Barbara Kelly-Kettner



December 15, 2016 at 2:00 pm
Christmas Program
w/Mr. Nevis' 5th Graders
At 5:00pm
Dining Room Closed to Dinner



December 17, 2016 at 2:00pm
Movie & Popcorn:
"Legend of Tarzan"

December 19, 2016 at 10:00 am
Catholic Mass & at 2:00 pm
Resident Council Meeting

December 22, 2016 at 2:00pm
Sunflower Presents:
at 5:30 pm



Happy New Year!



Every New Year millions of Americans and people all over the world pledge to make some type of life improvement with their annual New Year's Resolution! We seem to be just as committed to making our New Years resolutions as we do to ditching them a few weeks in. But it's the thought that counts, right?

Turns out New Year's resolutions aren't anything new. Historians know that the Babylonians (a civilization that dissolved in 539 BC) made resolutions at the start of every year they would return borrowed objects and pay off their debts. The Romans made promises at every new year to the God Janus, for whom the month of January was named. During the Medieval era knights would take a vow at the end of every year to reaffirm their chivalry. There are numerous accounts of this same sort of commitment found in other cultures often tied to religious holidays, when people reflect on the previous year and make a vow for a more prosperous future.

At the end of the Great Depression, roughly a quarter of American adults set New Year's resolutions. Over the years the numbers have continued to grow and now roughly half of American adults make resolutions. So what are the most popular resolutions? Here's the top 10 things Americans claimed as their 2015 New Year's resolutions:

1. Stay fit and healthy
2. Lose weight
3. Enjoy life to the fullest
4. Spend less, save more
5. Spend more time with family and friends
6. Get organized
7. No resolution
8. Find a new hobby
9. Travel more
10. Read more

So what will your New Year's resolution be? Does it fall on the list? No matter what you decided to do, cheers to happy and healthy 2017!



Sugar Cookies



Ingredients

- 1 1/2 cups butter, softened
- 2 cups white sugar
- 4 eggs
- 1 teaspoon vanilla extract
- 5 cups all-purpose flour
- 2 teaspoons baking powder
- 1 teaspoon salt
- Frosting & sprinkles optional

Directions

- In a large bowl, cream together butter and sugar until smooth. Beat in eggs and vanilla. Stir in the flour, baking powder, and salt. Cover then chill dough for at least one hour
- Preheat oven to 400°F. Roll out dough on floured surface 1/4 to 1/2 inch thick. Cut into shapes with any cookie cutter. Place cookie 1 inch apart on ungreased cookie sheets.
- Bake 6-8 minutes. Once down, cool completely.
- Once cookies are cooled decorate with frosting and sprinkles





According to Jim

Like many others, I followed the Presidential race on TV news and in the papers. As election day drew closer, I wondered how anyone could vote for someone who lashes out at the values I've come to respect. I assumed the country would go on in the direction I mostly agreed with. Like many others, I was wrong.

Trump will be our President, and our country is headed in an unknown direction. For days, the thought of this was depressing. Then I seemed to see it more deeply, nothing is settled once and for all. Ideas grow into movements, and they are opposed by other ideas and movements. There's a constant struggle back and forth. That's as it's always been. For those of us that are disappointed at the election results, we'll go on living what we've come to believe.

I realized too that "the changers" had left their mark on the national level. Just when life seems predictable, when tomorrow will be pretty much like today, the changers suddenly come in and shift it in an entirely new direction. I've visualized them as a group of little guys in construction hardhats who come in and move the set around, they don't smile or joke around with each other. They don't linger. There's a job to be done, and they do it quickly and efficiently.

I've often seen the effects of the changers in my personal life. Any time there's a sudden shift in direction, I sense them at work. Starting school or finishing it. Finding a job or losing one, getting married, having children, going through a divorce. It's all part of living. Something of the old ways is left behind, and we head into the unknown future, sure only that it will be different.

Watching TV news of victims of natural and man-made disasters. I know that I've been fortunate the changes in my life have been small. They've hardly been random. Though looking back, I can see how the changes have nudged me in certain directions, always for the better learning and understanding, maybe it the same for those victims. When all we've been accustomed to is taken away, we'll learn what we can rely on.

Over the weekend, I had one of those magical moments of unexpected and precise timing,

usually something has caught my interest, and I have an idea of what I want to write about in this article. Thanksgiving weekend came, and I felt only empty. I had nothing to say.

After breakfast, I needed a marker for a magazine I was reading. I tore a page from an old notebook, and it had some writing on it. I'd copied a quote by Sharon Hink in Guideposts Magazine.

"When I can't find anything to write about, He kindles just what right memory. He brings me the right words when I can't find it myself. It might take me an entire morning to write a single paragraph, but I am writing again."

I have no recollection of writing down this quote, but it came at the right moment, just when I needed it.

All my Best,

Jim



Vienna's Resident Christmas Open House

December 11th

1:00 to 3:00pm

Join us and celebrate the season with your Vienna family! Enjoy family, friends, food, plus music from the Bob Ringwald Trio. And no one can forget about pictures with Santa!

We hope to see you soon!



Resident Birthdays

Lorraine Wheeler	December	2
Jonathan Ibarra	December	2
Irmgard Nikulka	December	5
Ellen Bunch	December	6
Marjorie Knight	December	7
Virginia Madden	December	8
Olivia Chaidez	December	10
David Harding	December	11
Victoria Leyba	December	12
Kathe Logemann	December	15
Jean Willis	December	15
Marjorie Wait	December	16
Gladys Brown	December	18
Lois Korock	December	18
Lillian Grange	December	19
Doris Linker	December	25
Rosanne Herren	December	30



New Residents

Rose Martsoff	November	4
Donald Tomlin	November	7
Daisy Yerly	November	7
Irmgard Nikulka	November	10
Doris Linker	November	11
Enrique De Santiago	November	11
Sharon Hust	November	14
Kenneth McDonald	November	15
Mary Freer	November	17
Jean Willis	November	19
Harlan Branby	November	23
Martha Chaffin	November	26
Edna Spano	November	28

Employee Birthdays

Emily Denham	December	2
Corey Wright	December	6
Ruth Calzado	December	10
Veronica Diaz	December	11
Carmela Patio	December	11
Johnny Haduca	December	13
Laarni Magallanes	December	14
Ernesto Yu	December	21
Aaron Clemente	December	22
Kristine Bertulfo	December	24
Rita Mellor	December	26
Amore Caraang	December	27
Isreal Baruela	December	28
Joven Martinez	December	29

New Employees

Av Mao	November	8
Jenny Miller	November	8
Jovito Centeno	November	8
Joshua Grijalva	November	11

Beauty Shop Info



Manicures & Haircuts on Mondays
Perms/Color on Tuesday Mornings

Perms on Tuesday Afternoons
~Sets on Wed. Thurs. & Fridays.

As a Reminder, please contact
Beauty Shop if an appointment
can not be kept.

Thank you,
Bobbi & Dianne



Administrative Staff



Administrator	Corey Wright
Director of Nurses	Roxan Vincent
Office Manager	Alison Plines
Medical Records	Brittany Ortegell
Social Services	Emily Denham & Kelly Duncan (asst.)
Director of Staff Development	Ida Ventura
Dietary Supervisor	Al Loza
Accounting	Teresa Stocker
Laundry/Housekeeping Supervisor	Linda Araiza
Maintenance	Roger Perez
Activity Director	Ester De Santiago
Quality Assurance Nurse/Case Manager	Mary Scott
MDS Coordinators	Alfie Donato, Doris Talens, & Carmela Patio
Rehabilitation Director	Cathy Gravish
Director of Sales & Marketing, & Public Relations	Jamie Henderson - Vilinskas
Admissions Coordinator	Vanessa Thierry
Ward Clerk	Juanita Riberal
Beauty Operators	Bobbi Bartles, Dianne Landon
Receptionists	Julia Chacon & Estefani Mejia

The "Vienna Vine" is written, compiled, edited and designed by Ester De Santiago ADC,
Jamie Henderson-Vilinskas, Marketing Director

Vienna Nursing & Rehab. Center



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Activity Calendar Vienna Nursing & Rehab Center December 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p>MERRY CHRISTMAS</p>			 <p>Happy New Year</p>		<p>1 9:00 Christmas Classics 9:30 Cooking CLASS 9:45 DISCOVERY 2:00 CHRISTMAS PROGRAM W/TIM 3:15 ONE TO ONE - I</p>	
<p><i>Material for Independent Activities also available</i> TV* Music* Radio* Books* Magazines * Word Searches* Cards* Sudoku* Electronic Games* Tablet/Computer* Social Media* Writing* Drawing* Jigsaw Puzzles* Simple Exercises* Crafts* Movies* Outdoors* Gardening* Crocheting* Knitting* Volunteering* People/Bird Watching* Visiting</p>						
<p>4 8:00 ROUND TABLE 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS 2:00 First Missionary Baptist Church Service 3:15 ONE TO ONE - I</p>	<p>5 9:45 LENDING LIBRARY 10:00 CATHOLIC COMMUNION 2:00 PENNY ANTE 3:15 ONE TO ONE - I</p>	<p>6 9:45 TARGET TOSS 10:15 WORD GAMES 10:00 DISCOVERY-BD 2:00 BINGO! 5:00 CAROLING W/BOY SCOUTS</p>	<p>7 9:45 SALVATION ARMY 9:50 ROOM VISITS 2:00 DEC. B-day PARTY W/JAMES JONES 3:15 ONE TO ONE - I</p>	<p>8 9:00 Christmas Classics 9:30 MAKING CARDS 2:00 SENDING OUT CHRISTMAS CARDS 3:15 ONE TO ONE - I 6:30 EAGLES BINGO!</p>	<p>9 9:30 LENDING LIBRARY 9:45 GET UP & MOVE 10:30 MOVIE IN ROOM 2:00 BINGO! 3:15 ONE TO ONE - I</p>	<p>10 9:00 MOVIE IN ROOM 9:50 MORNING DEVOTIONAL 2:00 Piano Teacher's ASSOC. RECITAL 3:15 ONE TO ONE - I</p>
<p>11 8:00 ROUND TABLE 9:30 MOVIE CLASSICS 1:00—3:00 <i>Resident's Open House Christmas Party</i></p>	<p>12 9:45 MORNING STRETCH 10:00 LENDING LIBRARY 10:15 WORD GAMES 1:30 TIGER LILY VISITS 2:00 DOMINOES 3:15 ONE TO ONE - I</p>	<p>13 9:45 GET UP & MOVE 10:00 DISCOVERY-BD 10:15 ORGAN CONCERT W/Barbara Kelly-Kettner 2:00 BINGO! 3:15 ONE TO ONE - I 6:30 SHUFFLEBOARD</p>	<p>14 9:45 GET UP & MOVE 10:15 SPANISH 101 11:00 OUTING to LUNCH 2:00 DECORATING COOKIES 3:15 ONE TO ONE - I</p>	<p>15 9:00 Christmas Classics 9:30 GINGERBREAD HOUSES W/SYNERGY 9:45 DISCOVERY 2:00 MR. NEVIS' 5th Christmas PROGRAM D/R CLOSED 4 DINNER 6:30 Candle Light Dinner</p>	<p>16 9:30 LENDING LIBRARY 10:00 LODI AVENUE BAPTIST CHURCH 10:30 BIBLE TRIVIA 2:00 BINGO! 3:15 ONE TO ONE - I</p>	<p>17 9:30 MOVIE IN ROOM 9:50 MORNING DEVOTIONAL 2:00 Movie & Popcorn: "LEGEND of TARZAN" 3:15 BEDSIDE TREAT</p>
<p>18 8:00 ROUND TABLE 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS 2:00 SUNDAY BINGO 3:15 ONE TO ONE - I 3:15 ONE TO ONE - I</p>	<p>19 10:00 CATHOLIC MASS 10:00 LENDING LIBRARY 1:30 TIGER LILY VISITS 2:00 <u>Resident COUNCIL</u> 3:15 ONE TO ONE - I</p>	<p>20 9:45 BOUNCERSICE 10:00 DISCOVERY-BD 10:15 ALPHABET SOUP 2:00 BINGO! 3:15 ONE TO ONE - I</p>	<p>21 9:45 GET UP & MOVE 10:15 ROOM VISITS 2:00 CAROLING W/ MRS. GRANIS CLASS from VINEWOOD School 3:15 ONE TO ONE - I</p>	<p>22 9:00 Christmas Classics 9:30 MINI YARN HATS 9:45 DISCOVERY 2:00 Sunflower: Claudia 3:15 ONE TO ONE - I 5:30 Candle Light Dinner</p>	<p>23 9:30 LENDING LIBRARY 9:45 GET UP & MOVE 10:30 MOVIE IN ROOM 2:00 BINGO! 3:15 ONE TO ONE - I</p>	<p>24 9:30 MOVIE IN ROOM 9:50 MORNING DEVOTIONAL 2:00 T'WAS THE NIGHT BEFORE CHRISTMAS 3:15 ONE TO ONE - I</p>
<p>25 9:30 MOVIE CLASSICS 9:45 NEWS & VIEWS 2:00 SECRET SANTA'S CHRISTMAS BINGO! 3:15 ONE TO ONE - I</p>	<p>26 9:45 LENDING LIBRARY 10:00 CATHOLIC ROSARY 2:00 YAHTZEE 3:15 ONE TO ONE - I</p>	<p>27 9:45 SOCCER 10:00 DISCOVERY-BD 10:15 CHAIN REACTION 2:00 BINGO! 3:15 ONE TO ONE - I 6:30 GAME NIGHT</p>	<p>28 9:45 GET UP & MOVE 10:00 ROOM VISITS 2:00 ICE CREAM SOCIAL 3:15 ONE TO ONE - I</p>	<p>29 9:00 Christmas Classics 9:30 COOKING CLASS 9:45 DISCOVERY 2:00 WRITING YOUR NEW YEARS RESOLUTION 3:15 ONE TO ONE - I</p>	<p>30 9:30 LENDING LIBRARY 10:00 GET UP & MOVE 10:30 BIBLE TRIVIA 2:00 BINGO! 3:15 ONE TO ONE - I</p>	<p>31 9:30 MOVIE IN ROOM 9:50 MORNING DEVOTIONAL 2:00 NEW YEARS EVE CELEBRATION! 3:15 BEDSIDE TREAT</p>